

BEGINNER ZONE

Level 1

Introduction to skiing or snowboarding in a safe, positive and fun learning environment. Students should be brand new to snow-sports or unable to stop.

What to expect

- Learn about equipment and how it works
- Learn to walk and move around on the snow and discover the excitement of sliding on snow
- Skiers first in boots, then one ski and then with 2 skis
 - Learn to walk up hill on our walking carpets
 - Straight glide, and explore making a wedge with both skis
- Snowboarders will learn to skate, glide and stop
- Introduction to slowing down, direction changes and turning to a stop
- Have fun!!

Level 2

Students should be able to slow down, stop and make simple directions changes. Most students may be ready for the surface lift, but some may need a bit more time on our walking carpets.

What to expect

- Students will be assessed by the skills they possess, not by what they were working on last time
- Skiers who are unable to make a wedge will spend time on the walking carpets
- Once skiers can hold a wedge and make direction changes, they will ride the surface lift in order to gain confidence, more experience and learn to connect turns
- Snowboarders will work on heel and toe side turns to eventually linking both
- If able to control speed throughout connected turns, they are ready for the chair lift

INTERMEDIATE ZONE

Level 3

Students are able to link turns consistently on easy green terrain such as Sunshine Accelerator, Carousel lift and Marshmallow. Most skiers will connect wedge turns and snowboarders will connect heel side and toe side turns. Students may be ready for more challenging green terrain. Students are lift riders and able to load and unload the chairlift or surface lift independently.

What to expect

- Students will ride our beginner chair lifts
- Instructors will help students develop confidence by focusing on consistent speed throughout the turn
- Students will explore different turn shapes in order to ski and ride all green terrain
- Students may stay in the Level 3 zone for a while, depending on how much they ski or ride in a season

Level 4

Able to ski and ride all green terrain and some easy blue runs. Skis are mostly in a wedge but sliding to parallel when finishing a turn. Snowboarders are linking turns on blue terrain.

What to expect

- Build confidence in skiing/riding at slightly higher speeds
- Explore blue terrain
- Snowboarders are learning to ride switch
- Skiers are learning to be more parallel/match skis earlier in the turn
- Poles may be introduced

Level 5

Students are able ski or ride comfortably and confidently on all green and most groomed blue terrain. Introduce students to learn tactics to ski or ride natural terrain. Able to link turns (mostly parallel for skiers) of varying sizes and can control speed in most situations.

What to expect

- Gain confidence on more challenging intermediate terrain
- Start to explore Mt. Bachelor's natural terrain and easy moguls
- Incorporate pole use to assist in timing
- Learn how to carve turns and be more dynamic
- Introduction to natural features and beginner terrain park

ADVANCED ZONE

Level 6 - 9

Students are comfortable, confident and dynamic on all blue terrain regardless of conditions. Able to ski/ride groomed or powder on black diamond terrain. Able to be consistent in all conditions. Skiers are consistently parallel, and use a pole swing or plant in all turns. Snowboarders are carving with the tail of the board following the tip, for more control. Like to ski/ride at a faster speed!!

What to expect

- Learn various tactics and technics to approach different terrain and snow conditions
- Gain confidence and learn to make independent decisions and on how to approach more difficult terrain and snow conditions
- Learn to manage the changing forces of higher speed, short, medium, and long carved turns, and uneven terrain
- Ski or ride some of Mt Bachelor's incredible advance terrain and natural features.